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# Utilising Monte Carlo method for light transport in the inverse problem of quantitative photoacoustic tomography

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# This is joint work with

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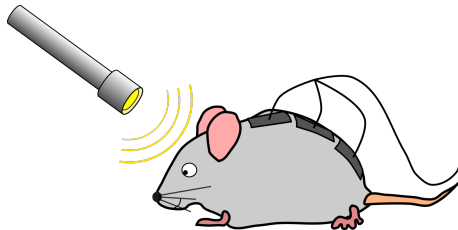


# Photoacoustic tomography (PAT)



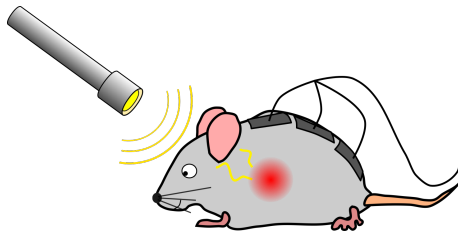
# Photoacoustic tomography (PAT)

- ❖ Tissue is illuminated with a short pulse of light



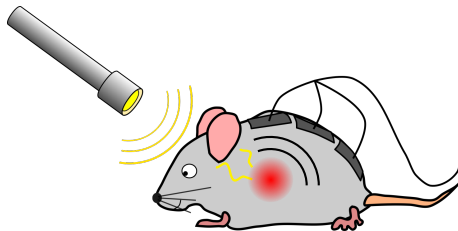
# Photoacoustic tomography (PAT)

- ❖ Tissue is illuminated with a short pulse of light
- ❖ As light propagates within the tissue, it is absorbed by chromophores
- ❖ The absorbed energy causes pressure rise



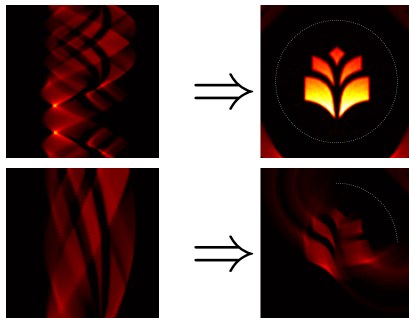
# Photoacoustic tomography (PAT)

- ❖ Tissue is illuminated with a short pulse of light
- ❖ As light propagates within the tissue, it is absorbed by chromophores
- ❖ The absorbed energy causes pressure rise
- ❖ This pressure increase propagates through the tissue as an acoustic wave and can be measured on the boundary of the tissue using ultrasound sensors

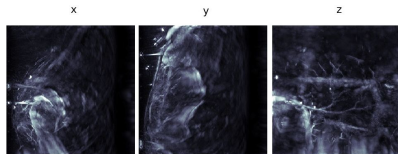


## Image reconstruction

- Reconstruct the initial pressure (or absorbed optical energy density) from the photoacoustic wave measured on the boundary of the tissue



- ❖ Photoacoustic tomography combines benefits of optical and acoustic methods
- ❖ Contrast through optical absorption
  - ❖ Tissue chromophores: oxygenated and deoxygenated haemoglobin, water, lipids, melanin
  - ❖ Contrast agents
- ❖ Resolution by ultrasound
  - ❖ Low scattering in soft biological tissue
- ❖ Applications in imaging of tissue vasculature, tumours, small animal imaging, etc.



J. Tick et al, Three dimensional photoacoustic tomography in Bayesian framework, *J Acoust Soc Am* 144:2061-2071, 2018



# Quantitative photoacoustic tomography (QPAT)

- Aims is to estimate the concentrations of light absorbing molecules
- Two inverse problems:
  - **Acoustic inverse problem:** estimation of initial pressure from photoacoustic measurements
  - **Optical inverse problem:** estimation of optical parameters from the initial pressure
- Modelling of light propagation, photoacoustic efficiency and ultrasound propagation are needed

- ❖ In this work, we study the optical inverse problem of QPAT
- ❖ MAP estimates for absorption and scattering are computed from absorbed optical energy density
- ❖ Evaluation of the forward operator is based on Monte Carlo method for light transport, i.e. forward operator is stochastic  
⇒ The search direction in an optimisation algorithm is also stochastic

## Optical forward problem of QPAT

### ❖ Radiative transfer equation (RTE)

$$\hat{s} \cdot \nabla \phi(r, \hat{s}) + (\mu_s + \mu_a) \phi(r, \hat{s}) = \mu_s \int_{S^{n-1}} \Theta(\hat{s} \cdot \hat{s}') \phi(r, \hat{s}') d\hat{s}', \quad r \in \Omega$$

$$\phi(r, \hat{s}) = \begin{cases} \phi_0(r, \hat{s}), & r \in \epsilon_j, \quad \hat{s} \cdot \hat{n} < 0 \\ 0, & r \in \partial\Omega \setminus \epsilon_j, \quad \hat{s} \cdot \hat{n} < 0 \end{cases}$$

where  $\phi(r, \hat{s})$  is radiance,  $\mu_a$  is absorption,  $\mu_s$  is scattering,  $\Theta(\hat{s} \cdot \hat{s}')$  is scattering phase function and  $\phi_0(r, \hat{s})$  is light source in position  $r$  and direction  $\hat{s}$

- ❖ RTE simulates light propagation accurately in a scattering medium
- ❖ It is computationally challenging

❖ Photon fluence

$$\Phi(r) = \int_{S^{n-1}} \phi(r, \hat{s}) d\hat{s}$$

❖ Absorbed optical energy density

$$H(r) = \mu_a(r)\Phi(r)$$

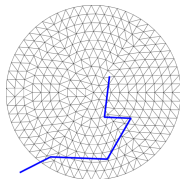
❖ Initial acoustic pressure

$$p_0(r) = p(r, t = 0) = G(r)H(r) = \frac{\beta c^2}{C_p} H(r)$$

where  $G(r)$  is the Grüneisen parameter describing photoacoustic efficiency

## ❖ Monte Carlo method for light transport

- ❖ Simulates same physics as the RTE
- ❖ Based on random sampling of photon paths as they undergo scattering and absorption effects in the medium
- ❖ In this work, a Monte Carlo software ValoMC<sup>1</sup> is used  
(<https://inverselight.github.io/ValoMC/>)



**ValoMC**

Visible and near infrared light  
transport on mesh based geometry

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<sup>1</sup> A.A. Leino, A. Pulkkinen, T. Tarvainen, ValoMC: a Monte Carlo software and MATLAB toolbox for simulating light transport in biological tissue, *OSA Continuum* 2:957–972, 2019

## ❖ Photon packet Monte Carlo

- ❖ Photon packet with an initial weight  $w_0$  is considered
- ❖ The probability for photon absorption in a small length  $ds$  in a propagation direction is  $\mu_a ds$ , and the probability for photon scattering is  $\mu_s ds$
- ❖ Scattering length follows an exponential probability distribution function

$$h(l) = \mu_s(l) \exp \left[ - \int_0^l \mu_s(l') dl' \right]$$

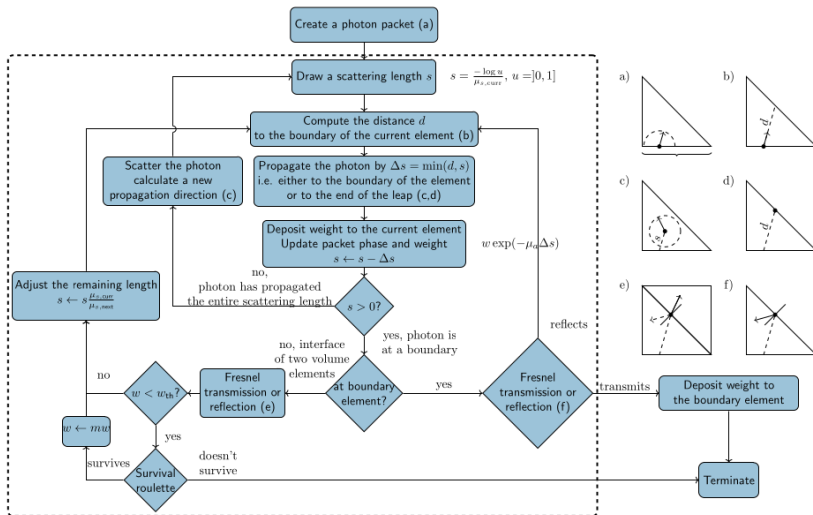
- ❖ Scattering angle follows a probability distribution (Henyey-Greenstein phase function)
- ❖ Weight of a photon packet along trajectory is reduced according to

$$w(s) = \exp \left[ - \int_0^s \mu_a(s') ds' \right]$$

- ❖ In Monte Carlo simulation for QPAT with piecewise constant optical coefficients  $\mu_{a,j}$  and  $\mu_{s,j}$ , the total absorbed optical energy density  $H_j$  deposited to discretisation element  $j$  is computed as

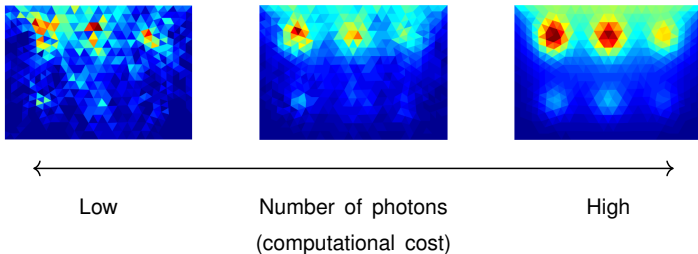
$$H_j = \frac{1}{A_j} \sum_e w_e (1 - \exp[-\mu_{a,j} S_{e,j}])$$

where  $w_e$  is the weight of the photon packet before entrance to the  $j$ :th element, and  $S_{e,j}$  is the distance travelled on each entrance to  $j$ ,  $A_j$  is the area/volume of the element in 2D/3D





- ❏ Number of photon packets affects on the accuracy of the approximation and the computational cost



# Inverse problem

- ❖ Optical inverse problem: estimate distribution of absorption and scattering parameters from absorbed optical energy density
- ❖ A discrete observation model for QPAT in the presence of additive noise model is

$$y = f(x) + e$$

where  $y \in \mathbb{R}^m$  is the data,  $x \in \mathbb{R}^n$  are the unknown optical parameters,  $f : \mathbb{R}^n \mapsto \mathbb{R}^m$  is the discretised forward model, and  $e \in \mathbb{R}^m$  denotes the noise

- ✚ The solution of the inverse problem given by the Bayes' formula (posterior probability distribution)

$$\pi(x|y) \propto \pi(y|x)\pi(x)$$

where  $\pi(y|x)$  is the likelihood and  $\pi(x)$  is the prior

- ✚ Model the unknown  $x$  and noise  $e$  mutually independent and Gaussian distributed

$$x \sim \mathcal{N}(\eta_x, \Gamma_x), \quad e \sim \mathcal{N}(\eta_e, \Gamma_e)$$

where  $\eta_x \in \mathbb{R}^n$  and  $\eta_e \in \mathbb{R}^m$  are the means and  $\Gamma_x \in \mathbb{R}^{n \times n}$  and  $\Gamma_e \in \mathbb{R}^{m \times m}$  are the covariance matrices

## ✚ The posterior distribution

$$\pi(x|y) \propto \exp \left\{ -\frac{1}{2} \|L_e(y - f(x) - \eta_e)\|^2 - \frac{1}{2} \|L_x(x - \eta_x)\|^2 \right\}$$

where  $\Gamma_e^{-1} = L_e^T L_e$  and  $\Gamma_x^{-1} = L_x^T L_x$

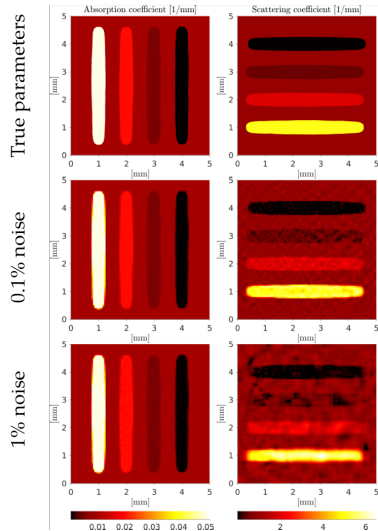
## ✚ The maximum a posteriori (MAP) estimate

$$x_{\text{MAP}} = \arg \min_x \left\{ \frac{1}{2} \|L_e(y - f(x) - \eta_e)\|^2 + \frac{1}{2} \|L_x(x - \eta_x)\|^2 \right\}$$

- ❖ MAP estimate can be computed using methods of computational optimisation (in this work Gauss-Newton method)
- ❖ For the Gauss-Newton method, Jacobian matrices need to be formed
  - ❖ Absorption: derivative can be computed from the exponential decay of the weight of the photon packet
  - ❖ Scattering: a so-called perturbation approximation of Monte Carlo is utilised

## Simulations

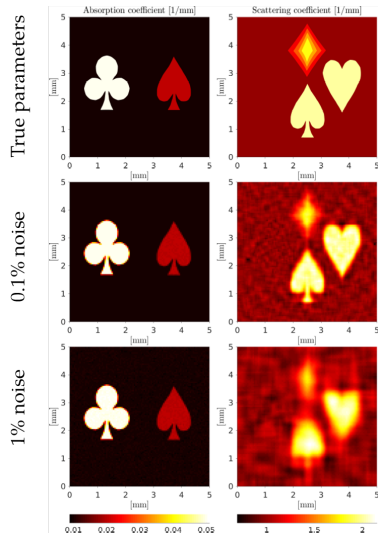
- ❖ 5 mm  $\times$  5 mm square computation domain
- ❖  $\mu_a$  in scale [0.0001 , 0.05] mm<sup>-1</sup>, and  $\mu_s$  in scale [0.01 , 5] mm<sup>-1</sup>
- ❖ Henyey-Greenstein scattering anisotropy parameter  $g = 0.9$
- ❖ Four planar illuminations from different sides of the domain
- ❖ Two noise levels for the additive noise: 0.1 % and 1 %
- ❖ Used  $10^9$  photon packets in data simulation, and  $10^8$  in the inversion on each iteration for each illumination



Relative errors of the estimates

$$E_{\mu_a} = 0.3\% \text{ and } E_{\mu_s} = 11\%$$

$$E_{\mu_a} = 2.2\% \text{ and } E_{\mu_s} = 20\%$$



Relative errors of the estimates

$$E_{\mu_a} = 0.2\% \text{ and } E_{\mu_s} = 6.1\%$$

$$E_{\mu_a} = 1.9\% \text{ and } E_{\mu_s} = 11\%$$



# Stochastic framework

- ❖ Using Monte Carlo, the 'accurate' forward model  $f(x)$  or its Jacobian  $J(x)$  are unavailable
- ❖ Simulating finite number of photon packets  $P$  provides only approximations  $f_P(x)$  and  $J_P(x)$

$$\begin{aligned}f_P(x) &= f(x) + \epsilon_P \\J_P(x) &= J(x) + \xi_P\end{aligned}$$

where  $\epsilon_P$  and  $\xi_P$  are (stochastic) errors of the forward model and its Jacobian

- ❖ Increasing the number of photon packets decreases the errors, but comes with a higher computational cost

## Stochastic Gauss-Newton method (SGN)

- ❖ The estimates are updated by

$$x_{i+1} = x_i + \alpha_i \delta_{P_i}(x_i),$$

where  $\alpha_i$  is the step size parameter and  $\delta_{P_i}(x_i)$  is solved from

$$(J_{P_i}(x_i)^T \Gamma_e^{-1} J_{P_i}(x_i) + \Gamma_x^{-1}) \delta_{P_i}(x_i) = J_{P_i}(x_i)^T \Gamma_e^{-1} (y - f_{P_i}(x_i)) - \Gamma_x^{-1} (x_i - \eta_x),$$

where  $f_{P_i}(x_i)$  is the forward model and  $J_{P_i}(x_i)$  its Jacobian, computed with  $P_i$  photon packets at point  $x_i$

- ❖ With a fixed number of photon packets, the effect of stochastic noise increases when residual  $\|y - f_{P_i}(x)\|$  decreases

## Adaptive number of photon packets

- ❖ The number of photon packets is adjusted during iteration
- ❖ Norm test approach<sup>2,3</sup>
  - ❖ The expected relative error of the SGN search direction is controlled

$$V_{P_i}(x_i)^2 := \frac{\mathbb{E}[\|\delta(x_i) - \delta_{P_i}(x_i)\|^2]}{\|\delta(x_i)\|^2} < \gamma^2,$$

where  $\delta(x_i)$  is the reference SGN direction at point  $x_i$  and  $\gamma$  is a threshold parameter describing accepted error

- ❖ If the norm test fails, the number of photon packets is increased

$$P_i \leftarrow \frac{V_{P_i}(x_i)^2}{\gamma^2} P_i,$$

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<sup>2</sup> R.G. Carter. On the global convergence of trust region algorithms using inexact gradient information. *SIAM J Numer Anal* 28:251-265, 1991

<sup>3</sup> C.M. Macdonald, S. Arridge, S. Powell. Efficient inversion strategies for estimating optical properties with Monte Carlo radiative transport models. *J Biomed Opt* 24:1-13, 2019

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**Algorithm 1** Adaptive stochastic Gauss–Newton

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Set the initial number of photon packets  $P_1$ , number of samples in the norm test  $L$ , initial value  $\mu_a^{(1)}$  and  $i \leftarrow 1$ ;

**Repeat**

    Compute a set of approximative solutions  $\{H_{P_i}^{(\ell)}(\mu_a^{(i)})\}$  and Jacobians  $\{J_{P_i}^{(\ell)}(\mu_a^{(i)})\}$ ,  $\ell = 1, \dots, L$ ;

    Compute a set of approximate GN directions  $\{\delta_{P_i}^{(\ell)}(\mu_a^{(i)})\}$  from  $\{H_{P_i}^{(\ell)}(\mu_a^{(i)})\}$  and  $\{J_{P_i}^{(\ell)}(\mu_a^{(i)})\}$ ;

    Compute an approximation of the accurate GN direction  $\delta(\mu_a^{(i)})$  using means of  $\{H_{P_i}^{(\ell)}(\mu_a^{(i)})\}$  and  $\{J_{P_i}^{(\ell)}(\mu_a^{(i)})\}$ ;

    Compute  $V_{P_i}(\mu_a^{(i)})^2$  from Eq. (21);

**if**  $V_{P_i}(\mu_a^{(i)})^2 > \gamma^2$  **then**

**if**  $\frac{V_{P_i}(\mu_a^{(i)})^2}{\gamma^2} > L$  **then**

            Set  $P_i \leftarrow \frac{V_{P_i}(\mu_a^{(i)})^2}{\gamma^2} P_i$ ;

            Compute GN direction  $\delta_{P_i}(\mu_a^{(i)})$  using  $P_i$  photon packets;

            Set  $\xi_i \leftarrow \delta_{P_i}(\mu_a^{(i)})$ ;

**Else**

            Set  $P_i \leftarrow \frac{V_{P_i}(\mu_a^{(i)})^2}{\gamma^2} P_i$ ;

            Set  $\xi_i \leftarrow \delta(\mu_a^{(i)})$ ;

**Else**

        Set  $\xi_i \leftarrow \delta(\mu_a^{(i)})$ ;

        Update estimate  $\mu_a^{(i+1)} = \mu_a^{(i)} + \xi_i$ ;

        Set  $P_{i+1} \leftarrow P_i$ ;

        Set  $i \leftarrow i + 1$

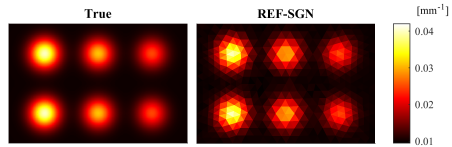
**until** a convergence criterion is fulfilled;

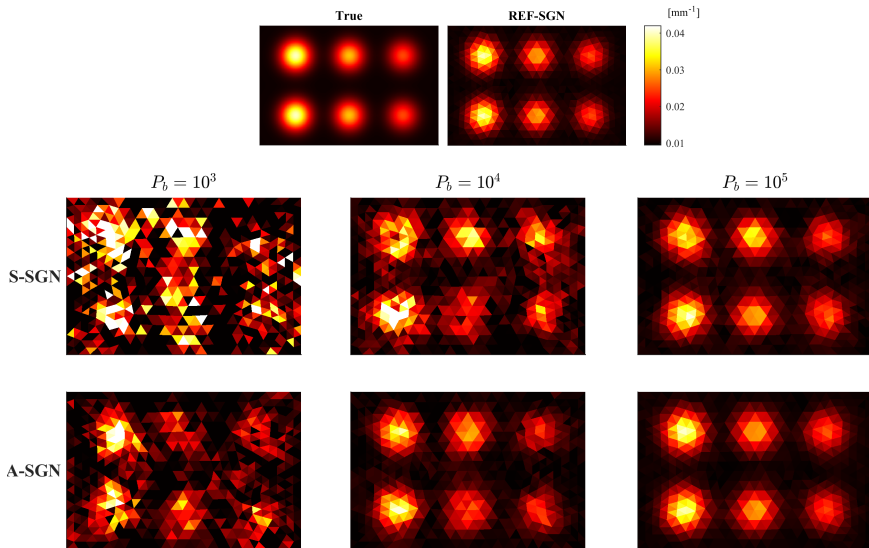
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# Simulations

- ❖ 15 mm  $\times$  10 mm rectangular domain
- ❖ Henyey-Greenstein scattering anisotropy parameter  $g = 0.8$
- ❖ Four planar illuminations from different sides of the domain
- ❖ Data was simulated using  $10^9$  photon packets for each illumination
- ❖ Noise level 1 % for the additive noise
- ❖ Three MAP estimates for absorption were computed (scattering assumed to be known):
  - ❖ Simple stochastic Gauss-Newton approach (S-SGN): number of photon packets is fixed
  - ❖ Adaptive stochastic Gauss-Newton approach (A-SGN): number of photon packets determined by the norm test
  - ❖ Reference estimate (REF-SGN) with very large number of photon packets ( $10^8$  per iteration)

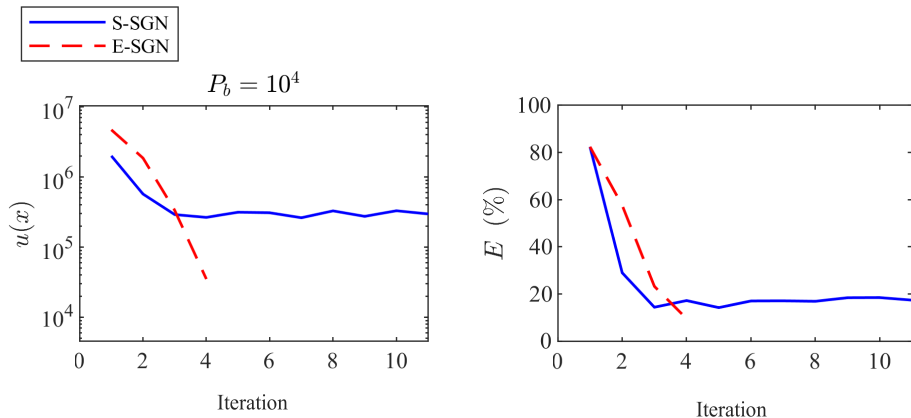
- ❖ First comparison: Same computational cost
  - ❖ Fixed the total number of photon packets (photon budget  $P_b$ ) used in the solution of the inverse problem
  - ❖ Terminated SGN iteration when the budget was used
  - ❖ S-SGN: 10 iterations with  $P_i = \frac{1}{10} P_b$
  - ❖ A-SGN:  $P_i$  determined by the norm test



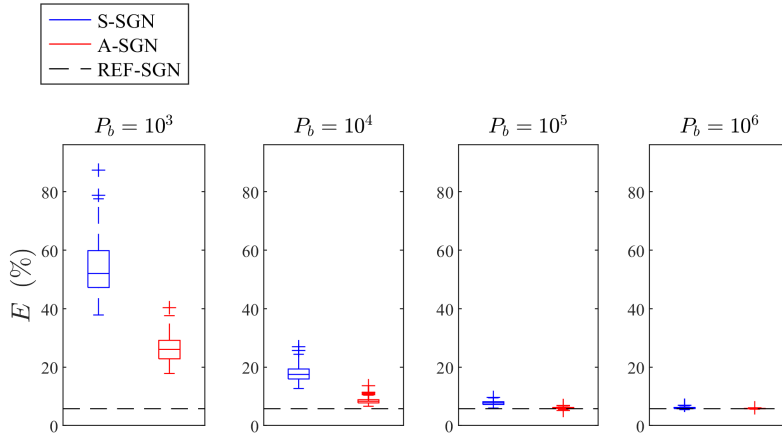




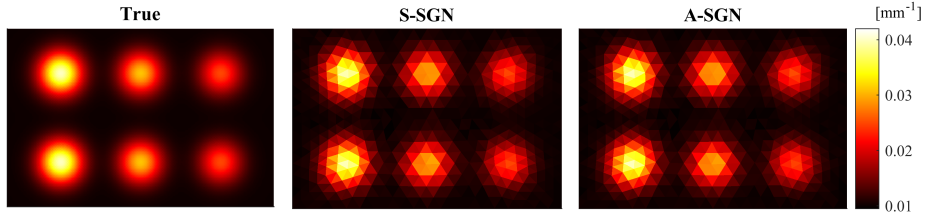
Value of the objective function (left) and relative error of estimates (right) against SGN iteration



## Relative error of absorption estimates for 100 simulations



- ❖ Second comparison: Same convergence criterion
  - ❖ Terminated the SGN iteration when a sufficient convergence was achieved (sufficiently small relative change in three consecutive estimates)
  - ❖ S-SGN:  $P_i$  is the number of photon packets in the last A-SGN iteration (ensures similar convergence)



Total number of photon packets:

$3 \times 10^7$

$8.6 \times 10^6$

# Summary

- ❖ Monte Carlo method for light transport can be utilised in the inverse problem of QPAT
- ❖ Adjusting the number of photons during iteration improves the efficiency of Gauss-Newton iteration
- ❖ Adaptive approach and the norm test require some parameters to be predefined
- ❖ Simulating a large number of photon packets requires computational resources (methodology is time-consuming)
- ❖ Future work:
  - ❖ Simultaneous estimation of absorption and scattering
  - ❖ Evaluating the reliability of the estimates
  - ❖ Modelling of the stochastic noise

# Thank you for your attention!

- Leino A, Lunttila T, Mozumder M, Pulkkinen A, Tarvainen T, Perturbation Monte Carlo method for quantitative photoacoustic tomography, *IEEE Transactions on Medical Imaging*, 39(19):2985-2995, 2020
- Hänninen N, Pulkkinen A, Arridge S, Tarvainen T, Adaptive stochastic Gauss-Newton method with optical Monte Carlo for quantitative photoacoustic tomography, *Journal of Biomedical Optics*, 22(8):083013, 2022
- Hänninen N, Pulkkinen A, Arridge SR, Tarvainen T, Estimating absorption and scattering coefficients in quantitative photoacoustic tomography with an adaptive Monte Carlo method for light transport, Submitted

